



# *Prevention Beat*

August 19, 2011

## ***August is National Immunization Awareness Month***

August is National Immunization Awareness Month. This observance provides the opportunity to remind the community of the importance of immunization, to ensure that your family and friends are up-to-date on their immunizations. In August, parents are enrolling children in school, older students are entering college and adults and the health care community are preparing for the upcoming flu season. This makes August a particularly good time to focus community attention on the value of immunization.

### ***Why are immunizations important?***

Immunization is one of the most significant public health achievements of the 20th century. Vaccines have eradicated smallpox, eliminated wild poliovirus in the United States and significantly reduced the number of cases of measles, diphtheria, rubella, pertussis and other diseases. But despite these efforts, today tens of thousands of people in the U.S. still die from these and other vaccine-preventable diseases. Vaccines offer safe and effective protection from infectious diseases. By staying up-to-date on the recommended vaccines, individuals can protect themselves, their families and friends and their communities from serious, life-threatening infections.

### ***Who should be immunized?***

Getting immunized is a lifelong, life-protecting community effort regardless of age, sex, race, ethnic background or country of origin. Recommended vaccinations begin soon after birth and continue throughout life. Being aware of the vaccines that are recommended for infants, children, adolescents, adults of all ages and seniors, and making sure that we receive these immunizations, is critical to protecting ourselves and our communities from disease.

### ***When are immunizations given?***

Because children are particularly vulnerable to infection, most vaccines are given during the first five to six years of life. Other immunizations are recommended during adolescent or adult years and, for certain vaccines, booster immunization are recommended throughout life. Vaccines against certain diseases that may be encountered when traveling outside of the U.S. are recommended for travelers to specific regions of the world. It is recommended that if you will be traveling that you visit with your health care provider 4-6 weeks prior to your trip to allow adequate time for the vaccinations to become effective in your body. For more information on vaccinations and travel visit the CDC web site at: <http://wwwn.cdc.gov/travel/contentVaccinations.aspx>.

### ***Why might some adults need vaccines?***

Some adults incorrectly assume that the vaccines they received as children will protect them for the rest of their lives. Generally this is true, except that:

- Some adults were never vaccinated as children
- Newer vaccines were not available when some adults were children
- Immunity can begin to fade over time
- As we age, we become more susceptible to serious disease caused by common infections (e.g., flu, pneumococcus)

The viruses and bacteria that cause vaccine-preventable diseases and death still exist and can infect people who are not protected by vaccines. Vaccine-preventable diseases have a costly impact, resulting in doctors' visits, hospitalizations and premature deaths. Sick children can also cause parents to lose time from work.

To learn more about vaccinations recommended for adults and children visit the Centers for Disease Control and Prevention website at <http://www.cdc.gov/vaccines/>.

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**Adult Quick Care will offer flu shots at all locations starting as early as September.**

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**\*\*\*We are now open Saturdays at our Independence location from 9am – 1pm to serve your occupational medicine and urgent care needs. Our Independence location is open 5pm – 9pm Monday – Friday to serve your after hour needs as well\*\*\***

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**Adult Quick Care is now on Facebook** ([www.facebook.com/agcUrgentCare](http://www.facebook.com/agcUrgentCare)).

Become a fan to keep up with current happenings with AQC as well as Prevention Tips.

**\*Please feel free to forward this information to any member of management in your company who would benefit from it.\***

To learn more about services Adult Quick Care or OHS-COMP CARE has to offer, contact our Client Services Team at (816) 561-2105 option 1 or by e-mail at [clientservices@ohscompcare.com](mailto:clientservices@ohscompcare.com). You can also visit us at [www.adultquickcare.com](http://www.adultquickcare.com) or [www.ohscompcare.com](http://www.ohscompcare.com).

OHS-COMP CARE now featuring Adult Quick Care (Urgent Care Services) has seven (7) area clinical facilities:

Independence Clinical Facility  
19000 E. Eastland Center Crt, St. 200  
Independence, MO 64055  
816-478-9299

**After Hours Available**

**\*Now open Saturday 9am – 1pm**

Johnson County Clinical Facility  
10415 Lackman Road  
Lenexa, KS 66219  
913-495-9905

St. Joseph Clinical Facility  
904 Edmond Street  
St. Joseph, MO 64501  
816-233-7702

Grandview Clinical Facility  
13830 S Us Highway 71  
Grandview, MO 64030  
816-761-4664

KCMO/Broadway Clinical Facility  
1650 Broadway  
Kansas City, MO 64108  
816-842-2020

KCMO/Front Street Clinical Facility  
6501 East Commerce, Suite 110  
Kansas City, MO 64120  
816-483-5550

Wyandotte County Clinical Facility  
1333 Meadowlark Lane, Suite 200  
Kansas City, KS 66102  
913-596-2774



**Adult Quick Care provides Urgent Care to Adults and Adolescents Age 14 and Older. No appointment is necessary at Adult Quick Care.**

When you are sick or have a new injury, Adult Quick Care is your affordable, time saving choice for quality care.

To learn more about **Adult Quick Care** please call 816-559-6320 or visit [www.adultquickcare.com](http://www.adultquickcare.com).